

PRE-APPOINTMENT INFORMATION 4 MONTHS

Preparing for your child's Vaccination

- Your child will be seeing our doctor and nurse for his/her 4-month old developmental assessment and for his/her [5-in-1](#), [Pneumococcal](#), and/or [Rotavirus](#) vaccination.
- If your child has fever or contact with any infectious diseases like Hand, Foot & Mouth disease, Chickenpox, etc., please reschedule your child's appointment via:
 - a) NUP [website](#), or
 - b) NUP hotline at +65 6663 6847

Preparing for your child's Growth Assessment

- Please fill in your child's health booklet:
 - a) Screening at 3 to 5 months
 - b) Child Safety Checklist: 3-5 months
- Our nurse will perform a growth check on your child and obtain his/her feeding history. Please ensure that you or your accompanying person has this information available.
- You will be asked on your child's developmental milestones as below:
 - a) Can your child keep his/her head upright when held in a sitting position?
 - b) Can your child respond to the parent's/caregiver's voice by quietening down if crying or smiling?
 - c) Can your child visually follow the parent's/caregiver's movement, including turning his/her head from side to side?
- A physical examination on your child will be done by our doctor at this visit.